### **BCF Planning Template 2023-25**

### 1. Guidance

### **Overview**

#### Note on entering information into this template

Throughout the template, cells which are open for input have a yellow background and those that are pre-populated have a blue background, as below:

Data needs inputting in the cell

### Pre-populated cells

### 2. Cover

- 1. The cover sheet provides essential information on the area for which the template is being completed, contacts and sign off.
- 2. Question completion tracks the number of questions that have been completed; when all the questions in each section of the template have been completed the cell will turn green. Only when all cells are green should the template be sent to the Better Care Fund Team: england.bettercarefundteam@nhs.net (please also copy in your Better Care Manager).
- 3. The checklist helps identify the sheets that have not been completed. All fields that appear highlighted in red with the word 'no', should be completed before sending to the Better Care Fund Team.
- 4. The checker column, which can be found on each individual sheet, updates automatically as questions are completed. It will appear 'Red' and contain the word 'No' if the information has not been completed. Once completed the checker column will change to 'Green' and contain the word 'Yes'.
- 5. The 'sheet completed' cell will update when all 'checker' values for the sheet are green containing the word 'Yes'.
- 6. Once the checker column contains all cells marked 'Yes' the 'Incomplete Template' cell (below the title) will change to 'Template Complete'.
- 7. Please ensure that all boxes on the checklist are green before submission.
- 8. Sign off HWB sign off will be subject to your own governance arrangements which may include delegated authority.

### 4. Capacity and Demand

Please see the guidance on the Capacity&Demand tab for further information on how to complete this section.

#### 5. Income

- 1. This sheet should be used to specify all funding contributions to the Health and Wellbeing Board's (HWB) Better Care Fund (BCF) plan and pooled budget for 2023-25. It will be pre-populated with the minimum NHS contributions to the BCF, iBCF grant allocations and allocations of ASC Discharge Fund grant to local authorities for 2023-24. The iBCF grant in 2024-25 is expected to remain at the same value nationally as in 2023-24, but local allocations are not published. You should enter the 2023-24 value into the income field for the iBCF in 2024-25 and agree provisional plans for its use as part of your BCF plan
- 2. The grant determination for the Disabled Facilities Grant (DFG) for 2023-24 will be issued in May. Allocations have not been published so are not pre populated in the template. You will need to manually enter these allocations. Further advice will be provided by the BCF Team.
- 3. Areas will need to input the amount of ASC Discharge Fund paid to ICBs that will be allocated to the HWB's BCF pool. These will be checked against a separate ICB return to ensure they reconcile. Allocations of the ASC discharge funding grant to local authority will need to be inputted manually for Year 2 as allocations at local level are not confirmed. Areas should input an expected allocation based on the published national allocation (£500m in 2024-25, increased from £300m in 2023-24) and agree provisional plans for 2024-25 based on this.
- 4. Please select whether any additional contributions to the BCF pool are being made from local authorities or ICBs and enter the amounts in the fields highlighted in 'yellow'. These will appear as funding sources in sheet 5a when you planning expenditure.
- 5. Please use the comment boxes alongside to add any specific detail around this additional contribution.
- 6. If you are pooling any funding carried over from 2022-23 (i.e. underspends from BCF mandatory contributions) you should show these as additional contributions, but on a separate line to any other additional contributions. Use the comments field to identify that these are underspends that have been rolled forward. All allocations are rounded to the nearest pound.
- 7. Allocations of the NHS minimum contribution are shown as allocations from each ICB to the HWB area in question. Where more than one ICB contributes to the area's BCF plan, the minimum contribution from each ICB to the local BCF plan will be displayed.
- 8. For any questions regarding the BCF funding allocations, please contact england.bettercarefundteam@nhs.net (please also copy in your Better Care Manager).

### 6. Expenditure

This sheet should be used to set out the detail of schemes that are funded via the BCF plan for the HWB, including amounts, units, type of activity and funding source. This information is then aggregated and used to analyse the BCF plans nationally and sets the basis for future reporting.

The information in the sheet is also used to calculate total contributions under National Condition 4 and is used by assurers to ensure that these are met.

The table is set out to capture a range of information about how schemes are being funded and the types of services they are providing. There may be scenarios when several lines need to be completed in order to fully describe a single scheme or where a scheme is funded by multiple funding streams (eg: iBCF and NHS minimum). In this case please use a consistent scheme ID for each line to ensure integrity of aggregating and analysing schemes.

On this sheet please enter the following information:

#### 1. Scheme ID:

- This field only permits numbers. Please enter a number to represent the Scheme ID for the scheme being entered. Please enter the same Scheme ID in this column for any schemes that are described across multiple rows.

#### 2. Scheme Name:

- This is a free text field to aid identification during the planning process. Please use the scheme name consistently if the scheme is described across multiple lines in line with the scheme ID described above.

### 3. Brief Description of Scheme

- This is a free text field to include a brief headline description of the scheme being planned. The information in this field assists assurers in understanding how funding in the local BCF plan is supporting the objectives of the fund nationally and aims in your local plan.

### 4. Scheme Type and Sub Type:

- Please select the Scheme Type from the drop-down list that best represents the type of scheme being planned. A description of each scheme is available in tab 6b.
- Where the Scheme Types has further options to choose from, the Sub Type column alongside will be editable and turn "yellow". Please select the Sub Type from the drop down list that best describes the scheme being planned.
- Please note that the drop down list has a scroll bar to scroll through the list and all the options may not appear in one view.
- If the scheme is not adequately described by the available options, please choose 'Other' and add a free field description for the scheme type in the column alongside. Please try to use pre-populated scheme types and sub types where possible, as this data is important in assurance and to our understanding of how BCF funding is being used nationally.
- The template includes a field that will inform you when more than 5% of mandatory spend is classed as other.

### 5. Expected outputs

- You will need to set out the expected number of outputs you expect to be delivered in 2023-24 and 2024-25 for some scheme types. If you select a relevant scheme type, the 'expected outputs' column will unlock and the unit column will pre populate with the unit for that scheme type.
- You will not be able to change the unit and should use an estimate where necessary. The outputs field will only accept numeric characters.
- A table showing the scheme types that require an estimate of outputs and the units that will prepopulate can be found in tab 6b. Expenditure Guidance.

You do not need to fill out these columns for certain scheme types. Where this is the case, the cells will turn blue and the column will remain empty.

## 6. Area of Spend:

- Please select the area of spend from the drop-down list by considering the area of the health and social care system which is most supported by investing in the scheme.
- Please note that where 'Social Care' is selected and the source of funding is "NHS minimum" then the planned spend would count towards eligible expenditure on social care under National Condition 4.
- If the scheme is not adequately described by the available options, please choose 'Other' and add a free field description for the scheme type in the column alongside.
- We encourage areas to try to use the standard scheme types where possible.

## 7. Commissioner:

- Identify the commissioning body for the scheme based on who is responsible for commissioning the scheme from the provider.
- Please note this field is utilised in the calculations for meeting National Condition 3. Any spend that is from the funding source 'NHS minimum contribution', is commissioned by the ICB, and where the spend area is not 'acute care', will contribute to the total spend on NHS commissioned out of hospital services under National Condition 4. This will include expenditure that is ICB commissioned and classed as 'social care'.
- If the scheme is commissioned jointly, please select 'Joint'. Please estimate the proportion of the scheme being commissioned by the local authority and NHS and enter the respective percentages on the two columns.

## 8. Provider:

- Please select the type of provider commissioned to provide the scheme from the drop-down list.
- If the scheme is being provided by multiple providers, please split the scheme across multiple lines.

## 9. Source of Funding:

- Based on the funding sources for the BCF pool for the HWB, please select the source of funding for the scheme from the drop down list. This includes additional, voluntarily pooled contributions from either the ICB or Local authority
- If a scheme is funded from multiple sources of funding, please split the scheme across multiple lines, reflecting the financial contribution from each.

## 10. Expenditure (£) 2023-24 & 2024-25:

- Please enter the planned spend for the scheme (or the scheme line, if the scheme is expressed across multiple lines)
- 11. New/Existing Scheme
- Please indicate whether the planned scheme is a new scheme for this year or an existing scheme being carried forward.

12. Percentage of overall spend. This new requirement asks for the percentage of overall spend in the HWB on that scheme type. This is a new collection for 2023-25. This information will help better identify and articulate the contribution of BCF funding to delivering capacity.

You should estimate the overall spend on the activity type in question across the system (both local authority and ICB commissioned where both organisations commission this type of service). Where the total spend in the system is not clear, you should include an estimate. The figure will not be subject to assurance. This estimate should be based on expected spend in that category in the BCF over both years of the programme divided by both years total spend in that same category in the system.

### 7. Metrics

This sheet should be used to set out the HWB's ambitions (i.e. numerical trajectories) and performance plans for each of the BCF metrics in 2023-25. The BCF policy requires trajectories and plans agreed for the fund's metrics. Systems should review current performance and set realistic, but stretching ambitions for 2023-24.

A data pack showing more up to date breakdowns of data for the discharge to usual place of residence and unplanned admissions for ambulatory care sensitive conditions is available on the Better Care Exchange.

For each metric, areas should include narratives that describe:

- a rationale for the ambition set, based on current and recent data, planned activity and expected demand
- the local plan for improving performance on this metric and meeting the ambitions through the year. This should include changes to commissioned services, joint working and how BCF funded services will support this.
- 1. Unplanned admissions for chronic ambulatory care sensitive conditions:
- This section requires the area to input indirectly standardised rate (ISR) of admissions per 100,000 population by quarter in 2023-24. This will be based on NHS Outcomes Framework indicator 2.3i but using latest available population data.
- The indicator value is calculated using the indirectly standardised rate of admission per 100,000, standardised by age and gender to the national figures in reference year 2011. This is calculated by working out the SAR (observed admission/expected admissions\*100) and multiplying by the crude rate for the reference year. The expected value is the observed rate during the reference year multiplied by the population of the breakdown of the year in question.
- The population data used is the latest available at the time of writing (2021)
- Actual performance for each quarter of 2022-23 are pre-populated in the template and will display once the local authority has been selected in the drop down box on the Cover sheet.
- Please use the ISR Tool published on the BCX where you can input your assumptions and simply copy the output ISR:

https://future.nhs.uk/bettercareexchange/view?objectId=143133861

- Technical definitions for the guidance can be found here:

https://digital.nhs.uk/data-and-information/publications/statistical/nhs-outcomes-framework/march-2022/domain-2---enhancing-quality-of-life-for-people-with-long-term-conditions-nof/2.3.i-unplanned-hospitalisation-for-chronic-ambulatory-care-sensitive-conditions

### 2. Falls

- This is a new metric for the BCF and areas should agree ambitions for reducing the rate of emergency admissions to hospital for people aged 65 or over following a fall.
- This is a measure in the Public Health Outcome Framework.
- This requires input for an Indicator value which is directly age standardised rate per 100,000. Emergency hospital admissions due to falls in people aged 65 and over.
- Please enter provisional outturns for 2022-23 based on local data for admissions for falls from April 2022-March 2023.
- For 2023-24 input planned levels of emergency admissions
- In both cases this should consist of:
  - emergency admissions due to falls for the year for people aged 65 and over (count)
  - estimated local population (people aged 65 and over)
  - rate per 100,000 (indicator value) (Count/population x 100,000)
- The latest available data is for 2021-22 which will be refreshed around Q4.

Further information about this measure and methodolgy used can be found here:

https://fingertips.phe.org.uk/profile/public-health-outcomes-

framework/data#page/6/gid/1000042/pat/6/par/E12000004/ati/102/are/E06000015/iid/22401/age/27/sex/4

- 3. Discharge to normal place of residence.
- Areas should agree ambitions for the percentage of people who are discharged to their normal place of residence following an inpatient stay. In 2022-23, areas were asked to set a planned percentage of discharge to the person's usual place of residence for the year as a whole. In 2023-24 areas should agree a rate for each quarter.
- The ambition should be set for the health and wellbeing board area. The data for this metric is obtained from the Secondary Uses Service (SUS) database and is collected at hospital trust. A breakdown of data from SUS by local authority of residence has been made available on the Better Care Exchange to assist areas to set ambitions.
- Ambitions should be set as the percentage of all discharges where the destination of discharge is the person's usual place of residence.
- Actual performance for each quarter of 2022-23 are pre-populated in the template and will display once the local authority has been selected in the drop down box on the Cover sheet.

### 4. Residential Admissions:

- This section requires inputting the expected numerator of the measure only.
- Please enter the planned number of council-supported older people (aged 65 and over) whose long-term support needs will be met by a change of setting to residential and nursing care during the year (excluding transfers between residential and nursing care)
- Column H asks for an estimated actual performance against this metric in 2022-23. Data for this metric is not published until October, but local authorities will collect and submit this data as part of their salt returns in July. You should use this data to populate the estimated data in column H.
- The prepopulated denominator of the measure is the size of the older people population in the area (aged 65 and over) taken from Office for National Statistics (ONS) subnational population projections.
- The annual rate is then calculated and populated based on the entered information.

### 5. Reablement:

- This section requires inputting the information for the numerator and denominator of the measure.
- Please enter the planned denominator figure, which is the planned number of older people discharged from hospital to their own home for rehabilitation (or from hospital to a residential or nursing care home or extra care housing for rehabilitation, with a clear intention that they will move on/back to their own home).
- Please then enter the planned numerator figure, which is the expected number of older people discharged from hospital to their own home for rehabilitation (from within the denominator) that will still be at home 91 days after discharge.
- Column H asks for an estimated actual performance against this metric in 2022-23. Data for this metric is not published until October, but local authorities will collect and submit this data as part of their salt returns in July. You should use this data to populate the estimated data in column H.
- The annual proportion (%) Reablement measure will then be calculated and populated based on this information.

### 8. Planning Requirements

This sheet requires the Health and Wellbeing Board to confirm whether the National Conditions and other Planning Requirements detailed in the BCF Policy Framework and the BCF Planning Requirements document are met. Please refer to the BCF Policy Framework and BCF Planning Requirements documents for 2023-2025 for further details.

The sheet also sets out where evidence for each Key Line of Enquiry (KLOE) will be taken from.

The KLOEs underpinning the Planning Requirements are also provided for reference as they will be utilised to assure plans by the regional assurance panel.

- 1. For each Planning Requirement please select 'Yes' or 'No' to confirm whether the requirement is met for the BCF Plan.
- 2. Where the confirmation selected is 'No', please use the comments boxes to include the actions in place towards meeting the requirement and the target timeframes.





2. Cover

Version	1.1.3
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#### Please Note:

- The BCF planning template is categorised as 'Management Information' and data from them will published in an aggregated form on the NHSE website and gov.uk. This will include any narrative section. Also a reminder that as is usually the case with public body information, all BCF information collected here is subject to Freedom of Information requests.
- At a local level it is for the HWB to decide what information it needs to publish as part of wider local government reporting and transparency requirements. Until BCF information is published, recipients of BCF reporting information (including recipients who access any information placed on the BCE) are prohibited from making this information available on any public domain or providing this information for the purposes of journalism or research without prior consent from the HWB (where it concerns a single HWB) or the BCF national partners for the aggregated information.
- All information will be supplied to BCF partners to inform policy development.
- This template is password protected to ensure data integrity and accurate aggregation of collected information. A resubmission may be required if this is breached.

Health and Wellbeing Board:	West Berkshire
Completed by:	Maria Shepherd
E-mail:	maria.shepherd@westberks.gov.uk
Contact number:	01635 519782
Has this report been signed off by (or on behalf of) the HWB at the time of	
submission?	Yes
If no please indicate when the HWB is expected to sign off the plan:	

		Professional			
		Title (e.g. Dr,			
	Role:	Cllr, Prof)	First-name:	Surname:	E-mail:
*Area Assurance Contact Details:	Health and Wellbeing Board Chair	Cllr	Alan	Macro	alan.macro@westberks.go v.uk
	Integrated Care Board Chief Executive or person to whom they have delegated sign-off		Steve	McManus	steve.mcmanus4@nhs.net
	Additional ICB(s) contacts if relevant		Sarah	Webster	Sarah.Webster42@nhs.net
	Local Authority Chief Executive		Nigel	Lynn	nigel.lynn1@westberks.gov .uk
	Local Authority Director of Adult Social Services (or equivalent)		Paul	Coe	paul.coe@westberks.gov.u k
	Better Care Fund Lead Official		Maria	Shepherd	maria.shepherd@westberk s.gov.uk
	LA Section 151 Officer		Joseph	Holmes	joseph.holmes1@westberk s.gov.uk
Please add further area contacts that					
you would wish to be included in					
official correspondence e.g. housing					
or trusts that have been part of the					
process>					

Question Completion - When all questions have been answered and the validation boxes below have turned green, please send the template to the Better Care Fund Team <a href="mailto:england.bettercarefundteam@nhs.net">england.bettercarefundteam@nhs.net</a> saving the file as 'Name HWB' for example 'County Durham HWB'. Please also copy in your Better Care Manager.

## Please see the Checklist below for further details on incomplete fields

	Complete:
2. Cover	Yes
4. Capacity&Demand	Yes
5. Income	Yes
6a. Expenditure	No
7. Metrics	Yes
8. Planning Requirements	Yes

<< Link to the Guidance sheet

^^ Link back to top

3. Summary

Selected Health and Wellbeing Board:

West Berkshire

## Income & Expenditure

## Income >>

Funding Sources	Income Yr 1	Income Yr 2	Expenditure Yr 1	Expenditure Yr 2	Difference
DFG	£2,065,205	£2,065,205	£2,065,205	£2,065,205	£0
Minimum NHS Contribution	£11,788,726	£12,455,968	£11,788,727	£12,455,969	-£1
iBCF	£806,499	£806,499	£806,499	£806,499	£0
Additional LA Contribution	£340,205	£0	£340,205	£0	£0
Additional ICB Contribution	£84,707	£0	£84,707	£0	£0
Local Authority Discharge Funding	£113,070	£188,450	£113,070	£188,450	£0
ICB Discharge Funding	£773,000	£1,365,869	£773,000	£1,365,869	£0
Total	£15,971,413	£16,881,992	£15,971,413	£16,881,992	£0

## Expenditure >>

NHS Commissioned Out of Hospital spend from the minimum ICB allocation

	Yr 1	Yr 2
Minimum required spend	£3,189,717	£3,370,255
Planned spend	£4,876,064	£4,881,150

### Adult Social Care services spend from the minimum ICB allocations

	Yr 1	Yr 2
Minimum required spend	£5,845,226	£6,176,065
Planned spend	£6,265,573	£6,909,869

### Metrics >>

## **Avoidable admissions**

	2023-24 Q1	2023-24 Q2	2023-24 Q3	2023-24 Q4
	Plan	Plan	Plan	Plan
Unplanned hospitalisation for chronic ambulatory care sensitive conditions (Rate per 100,000 population)	130.3	127.5	132.4	129.0

## Falls

		2022-23 estimated	2023-24 Plan
	Indicator value	1,717.2	1,686.0
Emergency hospital admissions due to falls in people aged 65 and over directly age standardised rate per 100,000.	Count	542	531
	Population	31789	31789

# Discharge to normal place of residence

	2023-24 Q1 Plan		·	
Percentage of people, resident in the HWB, who are discharged from acute hospital to their normal place of residence	91.4%	91.6%	91.1%	91.0%
(SUS data - available on the Better Care Exchange)				

# **Residential Admissions**

		2021-22 Actual	2023-24 Plan
Long-term support needs of older people (age 65 and over) met by admission to residential and nursing care homes, per 100,000 population	Annual Rate	608	616

# Reablement

		2023-24 Plan
Proportion of older people (65 and over) who were still at home 91 days after discharge from hospital into reablement / rehabilitation services	Annual (%)	85.0%

## Planning Requirements >>

Theme	Code	Response
	PR1	Yes
NC1: Jointly agreed plan	PR2	Yes
	PR3	Yes
NC2: Social Care Maintenance	PR4	Yes
NC3: NHS commissioned Out of Hospital Services	PR5	Yes
NC4: Implementing the BCF policy objectives	PR6	Yes
Agreed expenditure plan for all elements of the BCF	PR7	Yes
Metrics	PR8	Yes

## **Better Care Fund 2023-24 Capacity & Demand Template**

### 3. Capacity & Demand

Selected Health and Wellbeing Board:

West Berkshire

### Guidance on completing this sheet is set out below, but should be read in conjunction with the guidance in the BCF planning requirements

### 3.1 Demand - Hospital Discharge

This section requires the Health & Wellbeing Board to record expected monthly demand for supported discharge by discharge pathway.

Data can be entered for individual hospital trusts that care for inpatients from the area. Multiple Trusts can be selected from the drop down list in column F. You will then be able to enter the number of expected discharges from each trust by Pathway for each month. The template aligns to the pathways in the hospital discharge policy, but separates Pathway 1 (discharge home with new or additional support) into separate estimates of reablement, rehabilitation and short term domiciliary care)

If there are any trusts taking a small percentage of local residents who are admitted to hospital, then please consider aggregating these trusts under a single line using the 'Other' Trust option.

The table at the top of the screen will display total expected demand for the area by discharge pathway and by month.

Estimated levels of discharge should draw on:

- Estimated numbers of discharges by pathway at ICB level from NHS plans for 2023-24
- Data from the NHSE Discharge Pathways Model.

- Management information from discharge hubs and local authority data on requests for care and assessment.

You should enter the estimated number of discharges requiring each type of support for each month.

### 3.2 Demand - Community

This section collects expected demand for intermediate care services from community sources, such as multi-disciplinary teams, single points of access or 111. The template does not collect referrals by source, and you should input an overall estimate each month for the number of people requiring intermediate care or short term care (non-discharge) each month, split by different type of intermediate care.

Further detail on definitions is provided in Appendix 2 of the Planning Requirements.

The units can simply be the number of referrals.

### 3.3 Capacity - Hospital Discharge

This section collects expected capacity for services to support people being discharged from acute hospital. You should input the expected available capacity to support discharge across these different service types:

- Social support (including VCS)
- Reablement at Home
- Rehabilitation at home
- Short term domiciliary care
- Reablement in a bedded setting
- Rehabilitation in a bedded setting
- Short-term residential/nursing care for someone likely to require a longer-term care home placement

Please consider the below factors in determining the capacity calculation. Typically this will be (Caseload\*days in month\*max occupancy percentage)/average duration of service or length of stay

Caseload (No. of people who can be looked after at any given time)

Average stay (days) - The average length of time that a service is provided to people, or average length of stay in a bedded facility

Please consider using median or mode for LoS where there are significant outliers

Peak Occupancy (percentage) - What was the highest levels of occupany expressed as a percentage? This will usually apply to residential units, rather than care in a person's own home. For services in a person's own home then this would need to take into account how many people, on average, that can be provided with services.

At the end of each row, you should enter estimates for the percentage of the service in question that is commissioned by the local authority, the ICB and jointly.

## 3.4 Capacity - Community

This section collects expected capacity for community services. You should input the expected available capacity across the different service types.

You should include expected available capacity across these service types for eligible referrals from community sources. This should cover all service intermediate care services to support recovery, including Urgent Community Response and VCS support. The template is split into 7 types of service:

- Social support (including VCS)
- Urgent Community Response
- Reablement at home
- Rehabilitation at home
- Other short-term social care
- Reablement in a bedded setting
- Rehabilitation in a bedded setting

Please consider the below factors in determining the capacity calculation. Typically this will be (Caseload\*days in month\*max occupancy percentage)/average duration of service or length of stay

Caseload (No. of people who can be looked after at any given time)

Average stay (days) - The average length of time that a service is provided to people, or average length of stay in a bedded facility

Please consider using median or mode for LoS where there are significant outliers

Peak Occupancy (percentage) - What was the highest levels of occupany expressed as a percentage? This will usually apply to residential units, rather than care in a person's own home. For services in a person's own home then this would need to take into account how many people, on average, that can be provided with services.

At the end of each row, you should enter estimates for the percentage of the service in question that is commissioned by the local authority, the ICB and jointly.

Virtual wards should not form part of capacity and demand plans because they represent acute, rather than intermediate, care. Where recording a virtual ward as a referral source, pease select the relevant trust from the list. Further guidance on all sections is available in Appendix 2 of the BCF Planning Requirements.

Any assumptions made.

Please include your considerations and assumptions for Length of Stay and average numbers of hours committed to a homecare package that have been used to derive the number of expected packages.

See page 16 and 25 of narrative plan which outlines the assumptions we have made.

 Complete:

 3.1
 Yes

 3.2
 Yes

 3.3
 Yes

 3.4
 Yes

# 3.1 Demand - Hospital Discharge

!!Click on the filter box below to select Trust first!!	Demand - Hospital Discharge												
Trust Referral Source (Select as													
many as you need)	Pathway	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
ROYAL BERKSHIRE NHS FOUNDATION TRUST	Social support (including VCS) (pathway 0)		0 (	0	0	0	(		0 (	0	0	0	0
ROYAL BERKSHIRE NHS FOUNDATION TRUST	Reablement at home (pathway 1)	11	7 88	129	123	110	83	129	9 125	91	125	106	98
ROYAL BERKSHIRE NHS FOUNDATION TRUST	Rehabilitation at home (pathway 1)		0 (	0	0	0	(	)	0 (	0	0	0	0
ROYAL BERKSHIRE NHS FOUNDATION TRUST	Short term domiciliary care (pathway 1)		0 (	0	0	0	(		0 (	0	0	0	0
ROYAL BERKSHIRE NHS FOUNDATION TRUST	Reablement in a bedded setting (pathway 2)	3	0 24	25	23	27	24	2	8 2!	34	34	19	27
ROYAL BERKSHIRE NHS FOUNDATION TRUST	Rehabilitation in a bedded setting (pathway 2)	2	3 20	22	23	23	18	2	8 19	26	20	24	18
ROYAL BERKSHIRE NHS FOUNDATION TRUST	Short-term residential/nursing care for someone likely to require a longer-term care home	1	4 25	14	10	12	12	1	4	21	6	6	23

# 3.2 Demand - Community

Demand - Intermediate Care												
Service Type	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
Social support (including VCS)		0 (	) (	0	0	0	0	0	0	0	0	0
Urgent Community Response	1	138	138	138	138	138	138	138	138	138	138	138
Reablement at home		0 (		C	0	0	0	0	0	0	0	0
Rehabilitation at home	1	01 112	116	96	99	95	96	104	. 86	97	92	89
Reablement in a bedded setting		0 (		C	0	0	0	0	0	0	0	0
Rehabilitation in a bedded setting		0 (		0	0	0	0	0	0	0	0	0
Other short-term social care		0 (	) (	0	0	0	0	0	0	0	0	0

# 3.3 Capacity - Hospital Discharge

	Capacity - Hospital Discharge												
Service Area	Metric	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
Social support (including VCS)	Monthly capacity. Number of new clients.		0	0	0 (	0	0	0	(	0	) (	0 (	0
Reablement at Home	Monthly capacity. Number of new clients.	11	3	35 12	25 119	9 107	81	125	12:	1 79	9 12:	1 103	95
Rehabilitation at home	Monthly capacity. Number of new clients.	2	3	20 2	.2 2:	3 23	18	28	19	9 20	5 20	0 24	18
Short term domiciliary care	Monthly capacity. Number of new clients.		0	0	0 (	0	0	0	(	0	) (	0 (	0
Reablement in a bedded setting	Monthly capacity. Number of new clients.	3	0	24 2	25 23	3 27	24	28	24	4 34	4 34	4 19	9 27
Rehabilitation in a bedded setting	Monthly capacity. Number of new clients.	11	5 1	15 11	.5 11	5 115	115	115	115	5 11	5 11!	5 115	115
Short-term residential/nursing care for someone likely to	Monthly capacity. Number of new clients.	1	3	23 1	.3 10	0 12	12						
require a longer-term care home placement								13	8	3 19	9	6	5 21

Commissioning responsibility (% of each service type commissioned by LA/ICB or jointly									
ICB	LA		Joint						
	0%	0%	0%						
	0%	100%	0%						
10	0%	0%	0%						
	0%	0%	0%						
	0%	0%	100%						
	0%	0%	100%						
	0%	100%	0%						

# 3.4 Capacity - Community

		1											
	Capacity - Community												
Service Area	Metric	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
Social support (including VCS)	Monthly capacity. Number of new clients.		0	0	0	0	0	C	0	0	(	) (	0
Urgent Community Response	Monthly capacity. Number of new clients.	18	3 18	189	184	173	185	211	. 212	240	219	200	221
Reablement at Home	Monthly capacity. Number of new clients.		0	0	0	0	0	C	0	0	C	) (	0
Rehabilitation at home	Monthly capacity. Number of new clients.	8	5 11	5 102	102	103	107	134	103	118	104	109	109
Reablement in a bedded setting	Monthly capacity. Number of new clients.		0	0	0	0	0	C	0	0	C	) (	0
Rehabilitation in a bedded setting	Monthly capacity. Number of new clients.	3	0 2	4 25	23	27	24	28	24	34	34	19	27
Other short-term social care	Monthly capacity. Number of new clients.	1	3 2	3 13	10	12	12	13	8	19	6	6	21

Commissioning responsibility (% of each service type commissioned by LA/ICB or jointly									
В	LA	Joint							
0%	0%	0%							
0%	0%	100%							
0%	0%	0%							
100%	0%	0%							
0%	0%	0%							
0%		100%							

### 4. Income

Selected Health and Wellbeing Board:

West Berkshire

Local Authority Contribution		
	Gross Contribution	<b>Gross Contribution</b>
Disabled Facilities Grant (DFG)	Yr 1	Yr 2
West Berkshire	£2,065,205	£2,065,205
DFG breakdown for two-tier areas only (where applicable)		
Total Minimum LA Contribution (exc iBCF)	£2,065,205	£2,065,205

Local Authority Discharge Funding	Contribution Yr 1	Contribution Yr 2
West Berkshire	£113,070	£188,450

ICB Discharge Funding	Contribution Yr 1	Contribution Yr 2
NHS Buckinghamshire, Oxfordshire and Berkshire West ICB	£773,000	£1,365,869
Total ICB Discharge Fund Contribution	£773,000	£1,365,869

iBCF Contribution	Contribution Yr 1	Contribution Yr 2
West Berkshire	£806,499	£806,499
Total iBCF Contribution	£806,499	£806,499

Are any additional LA Contributions being made in 2023-25? If yes, please detail below

Local Authority Additional Contribution	Contribution Yr 1		Comments - Please use this box to clarify any specific uses or sources of funding
West Berkshire	£340,205	£0	Brought forward funding from 2022/23
Total Additional Local Authority Contribution	£340,205	£0	

pecific			

NHS Minimum Contribution	Contribution Yr 1	Contribution Yr 2
NHS Buckinghamshire, Oxfordshire and Berkshire West ICB	£11,788,726	£12,455,968
Total NHS Minimum Contribution	£11,788,726	£12,455,968

Are any additional ICB Contributions being made in 2023-25? If	Ves
yes, please detail below	Yes

			Comments - Please use this box clarify any specific uses
Additional ICB Contribution	Contribution Yr 1	Contribution Yr 2	or sources of funding
NHS Buckinghamshire, Oxfordshire and Berkshire West ICB	£84,707	£0	2022/23 ICB underspend
Table 1885 - India Control	004 707		
Total Additional NHS Contribution	£84,707	£0	
Total NHS Contribution	£11,873,433	£12,455,968	

	2023-24	2024-25
Total BCF Pooled Budget	£15,971,413	£16,881,992

Funding Contributions Comments		
Funding Contributions Comments Optional for any useful detail e.g. Carry over		

## 5. Expenditure

Selected Health and Wellbeing Board:

West Berkshire

<< Link to summary sheet

	202	23-24					
Running Balances	Income	Expenditure	Balance	Income	Expenditure	Balance	
DFG	£2,065,205	£2,065,205	£0	£2,065,205	£2,065,205	£0	
Minimum NHS Contribution	£11,788,726	£11,788,727	-£1	£12,455,968	£12,455,969	-£1	
iBCF	£806,499	£806,499	£0	£806,499	£806,499	£0	
Additional LA Contribution	£340,205	£340,205	£0	£0	£0	£0	
Additional NHS Contribution	£84,707	£84,707	£0	£0	£0	£0	
Local Authority Discharge Funding	£113,070	£113,070	£0	£188,450	£188,450	£0	
ICB Discharge Funding	£773,000	£773,000		£1,365,869	£1,365,869	£0	
Total	£15,971,413	£15,971,413	£0	£16,881,992	£16,881,992	£0	

## Required Spend

This is in relation to National Conditions 2 and 3 only. It does NOT make up the total Minimum ICB Contribution (on row 33 above).

	2	023-24			2024-25	
	Minimum Required Spend	Planned Spend	Under Spend	Minimum Required Spend	Planned Spend	Under Spend
NHS Commissioned Out of Hospital spend from the						
minimum ICB allocation	£3,189,717	£4,876,064	£0	£3,370,255	£4,881,150	£0
Adult Social Care services spend from the minimum						
ICB allocations	£5,845,226	£6,265,573	£0	£6,176,065	£6,909,869	£0

Checklist														
Column complete:														
Yes Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
>> Incomplete fields on row 60. 61.	number(s):													

									Planned Expenditure						
Scheme ID	Scheme Name	Brief Description of Scheme	Scheme Type	Sub Types	Please specify if 'Scheme Type' is 'Other'	Expected outputs 2023-24	Expected outputs 2024-25	Units	Area of Spend	Please specify if 'Area of Spend' is 'other'	Commissioner	% NHS (if Joint Commissioner)	,		Source of Funding
1	Under 65 LD residential and supported living	Residential Placements	Residential Placements	Care home		23.7	23.3	Number of beds/Placements	Social Care		LA			Private Sector	Minimum NHS Contribution
2	Carers (Payments to Providers)	Carers Services	Care Act Implementation Related Duties	Safeguarding					Social Care		LA			Private Sector	Minimum NHS Contribution
3	Reablement	Intermediate Care Services	Home Care or Domiciliary Care	Domiciliary care packages		11131	11784	Hours of care	Social Care		LA			Local Authority	Minimum NHS Contribution
31	Reablement	Intermediate Care Services	Home Care or Domiciliary Care	Domiciliary care packages		7522	7522	Hours of care	Social Care		LA			Local Authority	iBCF
4	Memory and cognition over 65	Home Care or Domiciliary Care	Community Based Schemes	Integrated neighbourhood services					Social Care		LA			Private Sector	Minimum NHS Contribution
41	Memory and cognition over 65	Home Care or Domiciliary Care	Community Based Schemes	Integrated neighbourhood services					Social Care		LA			Private Sector	iBCF
42	Memory and cognition over 65	Residential Placements	Residential Placements	Nursing home		0.9	23.3	Number of beds/Placements	Social Care		LA			Private Sector	Minimum NHS Contribution
5	Physical Support over 65	Home Care or Domiciliary Care	Community Based Schemes	Integrated neighbourhood services					Social Care		LA			Private Sector	iBCF

52	Physical Support	Home Care or Domiciliary	Community Based	Integrated neighbourhood				Social Care		LA			Private Sector	Minimum
		Care	Schemes	services										NHS Contribution
53	Physical Support over 65	Residential Placements	Residential Placements	Nursing home	1.3	1.4	Number of beds/Placements	Social Care		LA			Private Sector	Minimum NHS
54	Physical Support over 65	Residential Placements	Residential Placements	Care home	0.3	0.4	Number of beds/Placements	Social Care		LA			Private Sector	Contribution Minimum NHS Contribution
5	_	Support with Hospital Discharge	Home Care or Domiciliary Care	Domiciliary care to support hospital discharge (Discharge to Assess pathway 1)	4916	8193	Hours of care	Social Care		LA			Private Sector	Local Authority Discharge
51	Carers support	Carers Services	Care Act Implementation Related Duties	Safeguarding				Social Care		LA			Private Sector	Minimum NHS Contribution
52	_	Support with Hospital Discharge	Home-based intermediate care services	Reablement at home (to support discharge)	164	290	Packages	Social Care		LA			Charity / Voluntary Sector	ICB Discharge
56	Under 65 LD residential and supported living	Residential Placements	Residential Placements	Care home	14.2	14.6	Number of beds/Placements	Social Care		LA			Private Sector	Minimum NHS Contribution
7		Residential Placements	Residential Placements	Care home	23.7	23.3	Number of beds/Placements	Social Care		LA			Local Authority	Minimum NHS Contribution
71	Over 65's Care Homes	Residential Placements	Residential Placements	Supported housing	2.6	2.7	Number of beds/Placements	Social Care		LA			Local Authority	Minimum NHS Contribution
3	Joint Care Pathway	Intermediate Care Services	Home Care or Domiciliary Care	Domiciliary care to support hospital discharge (Discharge to Assess pathway 1)	8151	8654	Hours of care	Social Care		Joint	10.0%	90.0%	Local Authority	Minimum NHS Contribution
31	Joint Care Pathway	Intermediate Care Services	Home Care or Domiciliary Care	Domiciliary care to support hospital discharge (Discharge to Assess pathway 1)	11518	12229	Hours of care	Social Care		Joint	10.0%	90.0%	Local Authority	Minimum NHS Contribution
32	Joint Care Pathway	Intermediate Care Services	Home Care or Domiciliary Care	Domiciliary care to support hospital discharge (Discharge to Assess pathway 1)	9443	9443	Hours of care	Other	Joint Health and Social Care Service	Joint	10.0%	90.0%	Local Authority	iBCF
33	Joint Care Pathway	Intermediate Care Services	Home Care or Domiciliary Care	Domiciliary care to support hospital discharge (Discharge to Assess pathway 1)	9591	10183	Hours of care	Other	Joint Health and Social Care Service	Joint	10.0%	90.0%	Local Authority	Minimum NHS Contribution
34	Joint Care Pathway	Intermediate Care Services	Home Care or Domiciliary Care	Domiciliary care to support hospital discharge (Discharge to Assess pathway 1)	23854	25130	Hours of care	Other	Joint Health and Social Care Service	Joint	10.0%	90.0%	Local Authority	Minimum NHS Contribution
)	DFG	DFG Related Schemes	DFG Related Schemes	Adaptations, including statutory DFG grants	325	325	Number of adaptations funded/people	Social Care		LA			Private Sector	DFG
10	DTOC Projects	Mental Health Link Worker	High Impact Change Model for Managing Transfer of Care	Early Discharge Planning				Social Care		LA			Private Sector	iBCF
11	DTOC projects	EDS	High Impact Change Model for Managing Transfer of Care	Early Discharge Planning				Social Care		LA			Local Authority	iBCF
12	CHC Reviews	CHC review	Other					Social Care		LA			Private Sector	Additional LA Contribution
.3	Locality Lead	BCF Lead	Other					Social Care		Joint	0.0%	100.0%	Local Authority	Minimum NHS Contribution
13	CHC Reviews	CHC review	Other					Social Care		LA	0.0%		Local Authority	Minimum NHS Contribution
141	BCF Data Analyst	Other	High Impact Change Model for Managing Transfer of Care	Early Discharge Planning				Social Care		LA			Local Authority	Minimum NHS Contribution

.5	IMHA and	Prevention/Early intervention	Prevention / Early	Risk Stratification				Social Care		LA	Charity /	Minimum
	Veterans		Intervention								Voluntary Sec	
.7	BHFT Contract	Intermediate Care Services	Home Care or	Domiciliary care to support	888	888	Hours of care	Community		NHS	NHS Commur	
		(Reablement)	Domiciliary Care	hospital discharge (Discharge to Assess pathway 1)				Health			Provider	NHS Contributio
.8	BW PMO	Share of cross Berkshire West		Programme management				Other	ICB	NHS	NHS	Minimum
_		Programme Management	Integration									NHS Contributio
9	CCG Continency	Share of cross Berkshire West	Other					Other	contingency	NHS	NHS	Minimum
.5	ced continency	Contingency Funding	Other					Other	contingency	INTIS	INIIS	NHS Contributio
20	Risk Share	Risk Share	Other					Other	Risk Share	NHS	NHS	Minimum
.0	MSK Share	NISK SHATE	Other					Other	Misk Share	14115	INIIS	NHS Contributio
1	Care Homes	Intermediate Care Services	Prevention / Early	Risk Stratification				Community		NHS	NHS Commur	
.1	(RRAT) (ICB Hosted scheme)	intermediate care services	Intervention	RISK Stratification				Health		INIO	Provider	NHS Contributio
.2	SCAS falls and	Cross Berkshire scheme to	Prevention / Early	Risk Stratification				Community		NHS	NHS Commur	
. 2	frality (ICB Hosted	prevent hospital admissions	Intervention	RISK Stratification				Health		INTIS	Provider	NHS
23	scheme) Street Triage (ICB	Reduce the number of	Prevention / Early	Risk Stratification				Mental Health		NHS	NHS Mental	Contributio Minimum
.5		section 136's	Intervention	RISK Stratification				ivientai neaitii		INIO	Health Provid	er NHS
24	Connected Care	Data Integration between	Enablers for	System IT Interoperability				Other	Joint Health and	NHS	Private Sector	Contributio Minimum
.4	(ICB hosted)	Health and Social Care	Integration	System in interoperability				Other	Social Care Service	INTIS	Tivate sector	NHS Contributio
25	CHS	Service was commissioned by	High Impact Change	Early Discharge Planning				Social Care	Service	NHS	Local Authori	
.5	on o	Acute - now done through LA		zarry zisonar ge i iarming				Joseph Care				NHS Contributio
!6	Out of Hospital	Intermediate Care Services	Prevention / Early	Risk Stratification				Community		NHS	NHS Commur	
	Services - Speech & Language		Intervention					Health			Provider Provider	NHS Contributio
27	Out of Hospital	Support Care Homes across	Prevention / Early	Risk Stratification				Community		NHS	NHS Commur	
	Services -Care Home in reach	BW to prevent hospital admissions	Intervention					Health			Provider Provider	NHS Contributio
18	Out of Hospital	Support Care Homes across	Prevention / Early	Risk Stratification				Community		NHS	NHS Commur	ity Minimum
	Services - Community	BW to prevent hospital admissions	Intervention					Health			Provider Provider	NHS Contributio
19	Out of Hospital	Intermediate Care Services	Home Care or	Domiciliary care to support	108	108	Hours of care	Community		NHS	NHS Commur	ity Minimum
	Services - Intermediate Care	-	Domiciliary Care	hospital discharge (Discharge to Assess pathway 1)				Health			Provider Provider	NHS Contributio
0	Out of Hospital	Integrated care planning and	Integrated Care	Care navigation and planning				Community		NHS	NHS Commur	ity Minimum
	Services - Health Hub	navigation	Planning and Navigation					Health			Provider Provider	NHS Contributio
31	Out of Hospital	Intermediate Care Services	Home-based	Rehabilitation at home (to	181	181	Packages	Community		NHS	NHS Commur	ity Minimum
	Service -		intermediate care	support discharge)				Health			Provider Provider	NHS
	Intermediate Care		services									Contributio
12	23/25 priority 1	Recruitment & Retention (Enabler to support BCF Objectives) (using 22-23 Carry Forward WBC and £84k	Workforce recruitment and retention					Social Care		LA	Local Authori	y Additional I Contributio
4	23/25 priority 2	Targeted Community Outreach Programme (using 22.23 Carry Forward)	Other					Social Care		LA	Local Authori	y Additional I Contributio
15	23/25 priority 3	Falls Pathway (using 22.23 Carry Forward)	Other					Social Care		LA	Local Authori	y Additional I
17	23/25 priority 4	Self Care Programmes (using	Other					Social Care		LA	Local Authori	y Additional I
		22.23 Carry Forward)										Contributio
8	23/25 priority 5	Market Management Position (winter)	Other					Social Care		LA	Local Authori	y Minimum NHS
												Contributio

43	23/25 priority 1	Recruitment & Retention	Workforce recruitment				Social Care	LA		Local Authority	Minimum
		(Enabler to support BCF	and retention								NHS
		Objectives) (using 22-23									Contribution
46	23/25 priority 3	Falls Pathway (using 22.23	Other				Social Care	LA		Local Authority	Minimum
		Carry Forward)									NHS
											Contribution
142	BCF Data Analyst	Other	High Impact Change	Early Discharge Planning			Social Care	LA		Local Authority	iBCF
			Model for Managing								
			Transfer of Care								
48	23/25 priority 1	Recruitment & Retention	Workforce recruitment				Social Care	LA		Local Authority	Additional
		(Enabler to support BCF	and retention								NHS
		Objectives) (using 22-23									Contribution
49	DTOC Projects	MH Link Worker	High Impact Change	Early Discharge Planning			Social Care	LA		Local Authority	Minimum
			Model for Managing								NHS
			Transfer of Care								Contribution
50	DTOC projects	EDS	High Impact Change	Early Discharge Planning			Social Care	LA		Local Authority	Minimum
			Model for Managing								NHS
			Transfer of Care								Contribution

# **Further guidance for completing Expenditure sheet**

Schemes tagged with the following will count towards the planned **Adult Social Care services spend** from the NHS min:

- Area of spend selected as 'Social Care'
- Source of funding selected as 'Minimum NHS Contribution'

Schemes tagged with the below will count towards the planned **Out of Hospital spend** from the NHS min:

- Area of spend selected with anything except 'Acute'
- Commissioner selected as 'ICB' (if 'Joint' is selected, only the NHS % will contribute)
- Source of funding selected as 'Minimum NHS Contribution'

# **2023-25 Revised Scheme types**

Number	Scheme type/ services	Sub type	Description
1	Assistive Technologies and Equipment	<ol> <li>Assistive technologies including telecare</li> <li>Digital participation services</li> <li>Community based equipment</li> <li>Other</li> </ol>	Using technology in care processes to supportive self-management, maintenance of independence and more efficient and effective delivery of care. (eg. Telecare, Wellness services, Community based equipment, Digital participation services).
2	Care Act Implementation Related Duties	Independent Mental Health Advocacy     Safeguarding     Other	Funding planned towards the implementation of Care Act related duties.  The specific scheme sub types reflect specific duties that are funded via the NHS minimum contribution to the BCF.
3	Carers Services	<ol> <li>Respite Services</li> <li>Carer advice and support related to Care Act duties</li> <li>Other</li> </ol>	Supporting people to sustain their role as carers and reduce the likelihood of crisis.  This might include respite care/carers breaks, information, assessment, emotional and physical support, training, access to services to support
4	Community Based Schemes	<ol> <li>Integrated neighbourhood services</li> <li>Multidisciplinary teams that are supporting independence, such as anticipatory care</li> <li>Low level social support for simple hospital discharges (Discharge to Assess pathway 0)</li> <li>Other</li> </ol>	wellbeing and improve independence.  Schemes that are based in the community and constitute a range of cross sector practitioners delivering collaborative services in the community typically at a neighbourhood/PCN level (eg: Integrated Neighbourhood Teams)
			Reablement services should be recorded under the specific scheme type 'Reablement in a person's own home'
5	DFG Related Schemes	<ol> <li>Adaptations, including statutory DFG grants</li> <li>Discretionary use of DFG</li> <li>Handyperson services</li> <li>Other</li> </ol>	The DFG is a means-tested capital grant to help meet the costs of adapting a property; supporting people to stay independent in their own homes.  The grant can also be used to fund discretionary, capital spend to support people to remain independent in their own homes under a Regulatory Reform Order, if a published policy on doing so is in place. Schemes using this flexibility can be recorded under 'discretionary use of DFG' or 'handyperson services' as appropriate

6	Enablers for Integration	<ol> <li>Data Integration</li> <li>System IT Interoperability</li> <li>Programme management</li> <li>Research and evaluation</li> <li>Workforce development</li> <li>New governance arrangements</li> <li>Voluntary Sector Business Development</li> <li>Joint commissioning infrastructure</li> <li>Integrated models of provision</li> <li>Other</li> </ol>	Schemes that build and develop the enabling foundations of health, social care and housing integration, encompassing a wide range of potential areas including technology, workforce, market development (Voluntary Sector Business Development: Funding the business development and preparedness of local voluntary sector into provider Alliances/ Collaboratives) and programme management related schemes.  Joint commissioning infrastructure includes any personnel or teams that enable joint commissioning. Schemes could be focused on Data Integration, System IT Interoperability, Programme management, Research and evaluation, Supporting the Care Market, Workforce development, Community asset mapping, New governance arrangements, Voluntary Sector Development, Employment services, Joint commissioning infrastructure amongst others.
7	High Impact Change Model for Managing Transfer of Care	<ol> <li>Early Discharge Planning</li> <li>Monitoring and responding to system demand and capacity</li> <li>Multi-Disciplinary/Multi-Agency Discharge Teams supporting discharge</li> <li>Home First/Discharge to Assess - process support/core costs</li> <li>Flexible working patterns (including 7 day working)</li> <li>Trusted Assessment</li> <li>Engagement and Choice</li> <li>Improved discharge to Care Homes</li> <li>Housing and related services</li> <li>Red Bag scheme</li> <li>Other</li> </ol>	The eight changes or approaches identified as having a high impact on supporting timely and effective discharge through joint working across the social and health system. The Hospital to Home Transfer Protocol or the 'Red Bag' scheme, while not in the HICM, is included in this section.
8	Home Care or Domiciliary Care	<ol> <li>Domiciliary care packages</li> <li>Domiciliary care to support hospital discharge (Discharge to Assess pathway 1)</li> <li>Short term domiciliary care (without reablement input)</li> <li>Domiciliary care workforce development</li> <li>Other</li> </ol>	A range of services that aim to help people live in their own homes through the provision of domiciliary care including personal care, domestic tasks, shopping, home maintenance and social activities. Home care can link with other services in the community, such as supported housing, community health services and voluntary sector services.
9	Housing Related Schemes		This covers expenditure on housing and housing-related services other than adaptations; eg: supported housing units.

10	Integrated Care Planning and Navigation	Care navigation and planning     Assessment teams/joint assessment	Care navigation services help people find their way to appropriate services and support and consequently support self-management. Also, the
		3. Support for implementation of anticipatory care 4. Other	assistance offered to people in navigating through the complex health and social care systems (across primary care, community and voluntary services and social care) to overcome barriers in accessing the most appropriate care and support. Multi-agency teams typically provide these services which can be online or face to face care navigators for frail elderly, or dementia navigators etc. This includes approaches such as Anticipatory Care, which aims to provide holistic, co-ordinated care for complex individuals.
			Integrated care planning constitutes a co-ordinated, person centred and proactive case management approach to conduct joint assessments of care needs and develop integrated care plans typically carried out by professionals as part of a multi-disciplinary, multi-agency teams.
			Note: For Multi-Disciplinary Discharge Teams related specifically to discharge, please select HICM as scheme type and the relevant sub-type. Where the planned unit of care delivery and funding is in the form of Integrated care packages and needs to be expressed in such a manner, please select the appropriate sub-type alongside.
11	Bed based intermediate Care Services (Reablement,	1. Bed-based intermediate care with rehabilitation (to support discharge)	Short-term intervention to preserve the independence of people who might
	rehabilitation in a bedded setting, wider short-term services	2. Bed-based intermediate care with reablement (to support discharge)	otherwise face unnecessarily prolonged hospital stays or avoidable
	supporting recovery)	3. Bed-based intermediate care with rehabilitation (to support admission avoidance)	admission to hospital or residential care. The care is person-centred and
		4. Bed-based intermediate care with reablement (to support admissions avoidance)	often delivered by a combination of professional groups.
		5. Bed-based intermediate care with rehabilitation accepting step up and step down users	
		6. Bed-based intermediate care with reablement accepting step up and step down users	
		7. Other	
12	Home-based intermediate care services	1. Reablement at home (to support discharge)	Provides support in your own home to improve your confidence and ability
		2. Reablement at home (to prevent admission to hospital or residential care)	to live as independently as possible
		3. Reablement at home (accepting step up and step down users)	
		4. Rehabilitation at home (to support discharge)	
		5. Rehabilitation at home (to prevent admission to hospital or residential care)	
		6. Rehabilitation at home (accepting step up and step down users)	
		7. Joint reablement and rehabilitation service (to support discharge)	
		8. Joint reablement and rehabilitation service (to prevent admission to hospital or residential care)	
		9. Joint reablement and rehabilitation service (accepting step up and step down users)	
		10. Other	
4.2			
13	Urgent Community Response		Urgent community response teams provide urgent care to people in their
			homes which helps to avoid hospital admissions and enable people to live independently for longer. Through these teams, older people and adults
			with complex health needs who urgently need care, can get fast access to a
			range of health and social care professionals within two hours.
1.4	Porsonalised Budgeting and Commissioning		Various person control approaches to commissioning and budgeting
14	Personalised Budgeting and Commissioning		Various person centred approaches to commissioning and budgeting, including direct payments.
			moduling an eet payments.

15	Personalised Care at Home	<ol> <li>Mental health /wellbeing</li> <li>Physical health/wellbeing</li> <li>Other</li> </ol>	Schemes specifically designed to ensure that a person can continue to live at home, through the provision of health related support at home often complemented with support for home care needs or mental health needs. This could include promoting self-management/expert patient, establishment of 'home ward' for intensive period or to deliver support over the longer term to maintain independence or offer end of life care for people. Intermediate care services provide shorter term support and care interventions as opposed to the ongoing support provided in this scheme type.
16	Prevention / Early Intervention	<ol> <li>Social Prescribing</li> <li>Risk Stratification</li> <li>Choice Policy</li> <li>Other</li> </ol>	Services or schemes where the population or identified high-risk groups are empowered and activated to live well in the holistic sense thereby helping prevent people from entering the care system in the first place. These are essentially upstream prevention initiatives to promote independence and well being.
17	Residential Placements	<ol> <li>Supported housing</li> <li>Learning disability</li> <li>Extra care</li> <li>Care home</li> <li>Nursing home</li> <li>Short-term residential/nursing care for someone likely to require a longer-term care home replacement</li> <li>Short term residential care (without rehabilitation or reablement input)</li> <li>Other</li> </ol>	Residential placements provide accommodation for people with learning or physical disabilities, mental health difficulties or with sight or hearing loss, who need more intensive or specialised support than can be provided at home.
18	Workforce recruitment and retention	<ol> <li>Improve retention of existing workforce</li> <li>Local recruitment initiatives</li> <li>Increase hours worked by existing workforce</li> <li>Additional or redeployed capacity from current care workers</li> <li>Other</li> </ol>	These scheme types were introduced in planning for the 22-23 AS Discharge Fund. Use these scheme decriptors where funding is used to for incentives or activity to recruit and retain staff or to incentivise staff to increase the number of hours they work.
19	Other		Where the scheme is not adequately represented by the above scheme types, please outline the objectives and services planned for the scheme in a short description in the comments column.

## 6. Metrics for 2023-24

Selected Health and Wellbeing Board:

West Berkshire

### 8.1 Avoidable admissions

\*Q4 Actual not available at time of publication

		2022-23 Q1	2022-23 Q2	2022-23 Q3	2022-23 Q4		
		Actual	Actual	Actual	Plan	Rationale for how ambition was set	Local plan to meet ambition
	Indicator value	130.2	127.5	132.4	129.0	We continue to peform well in this area	Our local plan includes: a deep dive into
	Number of					and our one of the top 10 performing	our local data, workforce Recruitment and
Indirectly standardised rate (ISR) of admissions per	Admissions	238	233	242	_	systems across the country. We will	retention of Social Workers and
100,000 population						maintain our peformance from last year	Occupational Therapists, Self-care
	Population	158,465	158,465	,	158,465	against an increase in our population 65+.	programmes, Targeted Community NHS
(See Guidance)		2023-24 Q1	2023-24 Q2	2023-24 Q3	2023-24 Q4		Outreach Programme, JOY App, health
		Plan	Plan	Plan	Plan		checks, Ageing Well, Virtual Wards,
	Indicator value	130.3	127.5	132.4	129		Resiliant Primary Care, Social Care Hubs

>> link to NHS Digital webpage (for more detailed guidance)

## 8.2 Falls

		2021-22	2022-23	2023-24		
		Actual	estimated	Plan	Rationale for ambition	Local plan to meet ambition
					Data has been extracted from the SUS	Our local plan includes: SCAS Falls & Frality
					inpatients Episode data in line with given	Services, BHFT Falls Service, continue
	Indicator value	1,779.3	1,717.2	1,686.0	methodology: primary diagnosis code,	running our Steady Steps prevention
Emergency hospital admissions due to falls in					external case code for fall found in a	classes, a number of prevention activities
people aged 65 and over directly age standardised					secondary diagnosis, episode order	through our public health team including :
rate per 100,000.	Count	565	542	531	number of 1, admission method code	wellbeing walks, get berkshire active
					starting in 2, admissions only included	(GBA), Love to Pedal. The Ageing Well
	Population	31,789	31,789	31,789	•	group, which is a sub-group of the HWB

Public Health Outcomes Framework - Data - OHID (phe.org.uk)

## 8.3 Discharge to usual place of residence

\*Q4 Actual not available at time of publication

					Q4 Actual flot av	aliable at time of publication	
		2022-23 Q1	2022-23 Q2	2022-23 Q3	2021-22 Q4		
		Actual	Actual	Actual	Plan	Rationale for how ambition was set	Local plan to meet ambition
	Quarter (%)	91.4%	91.6%	91.1%		The SUS Data on the Better Care Exchange	A deep dive into the backing data is
	Numerator	2,536	2,570	2,619	2,631		currently taking place to see if a trust is
Percentage of people, resident in the HWB, who are discharged from acute hospital to their normal	Denominator	2,774	2,806	2,875	2,891	02 00 00/ 02 00 60/ and 04 00 50/ This	duplicating records locally. Also local data is reporting less discharge code 19 (usual
place of residence		2023-24 Q1	2023-24 Q2	2023-24 Q3	2023-24 Q4		place of residence), this would indicate
place of residence		Plan	Plan	Plan	Plan		that some records are missing from local
(SUS data - available on the Better Care Exchange)	Quarter (%)	91.4%	91.6%	91.1%	91.0%		data. The local plan is to continue to
(555 data aranasis on the Better Care Exemange)	Numerator	2,536	2,570	2,619			adopt the Home First approach.
	Denominator	2,774	2,806	2,875	2,891		

## 8.4 Residential Admissions

		2021-22 Actual	2022-23 Plan	2022-23 estimated	Rationale for how ambition was set	Local plan to meet ambition
	Annual Rate	607.6	611.7	645.5	The final year end outturn for 22/23 was	The LA's Hospital Discharge Team held an away day on 24/5/23 and this issue was
Long-term support needs of older people (age 65 and over) met by admission to residential and	Numerator	189	199	210	Admissions have significantly increased	discussed. We must try to re-educate the Trusts that Home First should be tried first,
nursing care homes, per 100,000 population	Denominator	31,106	32,533	32,533	 really challenging in sourcing care in the	it was reported that once a consultant makes up their mind re: PW3 it is very

Long-term support needs of older people (age 65 and over) met by admission to residential and nursing care homes, per 100,000 population (aged 65+) population projections are based on a calendar year using the 2018 based Sub-National Population Projections for Local Authorities in England:

https://www.ons.gov.uk/releases/subnationalpopulationprojectionsforengland2018based

## 8.5 Reablement

		2021-22 Actual	2022-23 Plan		Rationale for how ambition was set	Local plan to meet ambition
	Annual (%)	88.3%	85.3%	88.7%	The outturn for 22/23 was 88%. Over the last few years West Berkshire has	Currently our threshold for accepting people on to enablment is low, but we are
Proportion of older people (65 and over) who were still at home 91 days after discharge from hospital	Numerator	159	162	181	continued to see an increase in the	aiming to review the pathway meaning we can target enablement more effectively.
into reablement / rehabilitation services	Denominator	180	190		 from hospital, we have a low threshold to	

Please note that due to the demerging of Cumbria information from previous years will not reflect the present geographies.

As such, the following adjustments have been made for the pre-populated figures above:

- Actuals and plans for <u>Cumberland</u> and <u>Westmorland</u> and <u>Furness</u> are using the <u>Cumbria</u> combined figure for all metrics since a split was not available; Please use comments box to advise.
- 2022-23 and 2023-24 population projections (i.e. the denominator for **Residential Admissions**) have been calculated from a ratio based on the 2021-22 estimates.

		Planning Requirement	Key considerations for meeting the planning requirement  These are the Key Lines of Enquiry (KLOEs) underpinning the Planning Requirements (PR)	Confirmed through
	PR1	that all parties sign up to	submitted? Paragraph 11  Has the HWB approved the plan/delegated approval? Paragraph 11  Have local partners, including providers, VCS representatives and local authority service leads (including housing and DFG leads) been involved in the development of the plan? Paragraph 11  Where the narrative section of the plan has been agreed across more than one HWB, have individual income, expenditure and metric sections of the plan been submitted for each HWB concerned?	Expenditure plan  Expenditure plan  Narrative plan  Validation of submitted plans  Expenditure plan, narrative plan  Narrative plan
NC1: Jointly agreed plan	PNZ	health, social care and housing	<ul> <li>How the area will continue to implement a joined-up approach to integration of health, social care and housing services including DFG to support further improvement of outcomes for people with care and support needs <i>Paragraph 13</i></li> <li>The approach to joint commissioning <i>Paragraph 13</i></li> <li>How the plan will contribute to reducing health inequalities and disparities for the local population, taking account of people with protected characteristics? This should include <ul> <li>How equality impacts of the local BCF plan have been considered <i>Paragraph 14</i></li> <li>Changes to local priorities related to health inequality and equality and how activities in the document will address these. <i>Paragraph 14</i></li> </ul> </li> <li>The area will need to also take into account Priorities and Operational Guidelines regarding health inequalities, as well as local authorities' priorities under the Equality Act and NHS actions in line with Core20PLUS5. <i>Paragraph 15</i></li> </ul>	
	PR3	Facilities Grant (DFG) spending	• Does the narrative set out a strategic approach to using housing support, including DFG funding that supports independence at home?  Paragraph 33	Expenditure plan  Narrative plan  Expenditure plan
NC2: Implementing BCF Policy Objective 1: Enabling people to stay well, safe and independent at home for longer	PR4	the area commissions will support people to remain independent for longer, and where possible support them to remain in their own home	Does the expenditure plan detail how expenditure from BCF sources supports prevention and improvement against this objective?  Paragraph 19  Does the narrative plan provide an overview of how overall spend supports improvement against this objective? Paragraph 19	Narrative plan  Expenditure plan  Narrative plan  Expenditure plan, narrative plan

				I
	PR5	_	Have all partners agreed on how all of the additional discharge funding will be allocated to achieve the greatest impact in terms of reducing delayed discharges? <i>Paragraph 41</i>	Expenditure plan
		will be allocated for ASC and community-based reablement capacity	Does the plan indicate how the area has used the discharge funding, particularly in the relation to National Condition 3 (see below), and in conjunction with wider funding to build additional social care and community-based reablement capacity, maximise the number of hospital beds freed up and deliver sustainable improvement for patients? <i>Paragraph 41</i>	
Additional discharge funding		improve outcomes.	Does the plan take account of the area's capacity and demand work to identify likely variation in levels of demand over the course of the year and build the workforce capacity needed for additional services? <i>Paragraph 44</i>	Narrative plan
			Has the area been identified as an area of concern in relation to discharge performance, relating to the 'Delivery plan for recovering urgent and emergency services'?  If so, have their plans adhered to the additional conditions placed on them relating to performance improvement? <i>Paragraph 51</i>	Narrative and Expenditure plans
			Is the plan for spending the additonal discharge grant in line with grant conditions?	
		A demonstration of how the services the area commissions will support provision of the right care in the right	Does the plan include an approach to how services the area commissions will support people to receive the right care in the right place at the right time? <i>Paragraph 21</i>	Narrative plan
		place at the right time	Does the expenditure plan detail how expenditure from BCF sources supports improvement against this objective? Paragraph 22	Expenditure plan
NC3: Implementing BCF			Does the narrative plan provide an overview of how overall spend supports improvement against this metric and how estimates of capacity and demand have been taken on board (including gaps) and reflected in the wider BCF plans? <i>Paragraph 24</i>	Narrative plan
Policy Objective 2: Providing the right care			Has the intermediate care capacity and demand planning section of the plan been used to ensure improved performance against this	Expenditure plan, narrative plan
in the right place at the			objective and has the narrative plan incorporated learnings from this exercise? Paragraph 66	Expenditure plan
right time			Has the area reviewed their assessment of progress against the High Impact Change Model for Managing Transfers of care and summarised progress against areas for improvement identified in 2022-23? <i>Paragraph 23</i>	'
				Narrative plan
NC4: Maintaining NHS's	PR7	A demonstration of how the area will maintain the level of spending on	Does the total spend from the NHS minimum contribution on social care match or exceed the minimum required contribution?  Paragraphs 52-55	Auto-validated on the expenditure plan
contribution to adult		social care services from the NHS minimum contribution to the fund in		
social care and		line with the uplift to the overall		
investment in NHS commissioned out of		contribution		
hospital services				

ſ		PR8	Is there a confirmation that the	Do expenditure plans for each element of the BCF pool match the funding inputs? Paragraph 12	Auto-validated in the expenditure plan
			components of the Better Care Fund		Expenditure plan
			•		Experiulture plair
				Has the area included estimated amounts of activity that will be delivered, funded through BCF funded schemes, and outlined the metrics	
				that these schemes support? Paragraph 12	- "
			purpose?		Expenditure plan
				Has the area indicated the percentage of overall spend, where appropriate, that constitutes BCF spend? Paragraph 73	
					Expenditure plan
	Agreed expenditure plan			Is there confirmation that the use of grant funding is in line with the relevant grant conditions? Paragraphs 25 – 51	
	for all elements of the				Expenditure plan
	BCF			Has an agreed amount from the ICB allocation(s) of discharge funding been agreed and entered into the income sheet? Paragraph 41	
				Has the area included a description of how they will work with services and use BCF funding to support unpaid carers? Paragraph 13	Narrative plans, expenditure plan
				Has funding for the following from the NHS contribution been identified for the area:	
				- Implementation of Care Act duties?	Expenditure plan
				- Funding dedicated to carer-specific support?	
				- Reablement? Paragraph 12	
ŀ		PR9	Does the plan set stretching metrics	Have stretching ambitions been agreed locally for all BCF metrics based on:	Expenditure plan
			and are there clear and ambitious	That's stretching difficient agreed totally for all bot frictios susca off.	Experial care plan
			plans for delivering these?	- current performance (from locally derived and published data)	
			plans for delivering these:	- local priorities, expected demand and capacity	
				- planned (particularly BCF funded) services and changes to locally delivered services based on performance to date? <i>Paragraph 59</i>	
				- planned (particularly BCF funded) services and changes to locally delivered services based on performance to date? Puragraph 39	
	Metrics			la blanca a alagu mannabi ya fan a a bana a babi na a yabi	
				Is there a clear narrative for each metric setting out:	- "
					Expenditure plan
				- plans for achieving these ambitions, and	
				- how BCF funded services will support this? <i>Paragraph 57</i>	